



**Transforming Potential into Performance**

**[www.manaswins.com](http://www.manaswins.com)**

**9974392121 / 97271 30288**



# EXPERT LEADERSHIP

## Rachana Upadhyay

**Founder, Manaswins** *Bridging High-End Tech with Human Psychology to Empower the Modern Corporate Leader.*

### About the Founder

Rachana Upadhyay is an elite soft skills expert and a Google, Microsoft, and CAD-certified technical trainer. By uniquely blending **relationship psychology with advanced technical coaching**, she bridges the gap between digital precision and human emotion.

Deeply rooted in **Indian values yet tailored for global corporate needs**, Rachana doesn't just deliver training—she designs transformative ecosystems built to last.

### The Manaswins' Philosophy

"Digital transformation is only successful when the humans behind the screen are empowered, emotionally intelligent, and resilient."

At **Manaswins**, we believe that sustainable progress happens at the intersection of technical excellence and human empathy. We equip professionals with the hard skills to innovate and the soft skills to lead, ensure your workforce thrives in a rapidly evolving digital world.



## Rachana Upadhyay

Entrepreneur | Corporate Trainer |  
NLP Practitioner | Business Consultant

# EXPERT LEADERSHIP

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**Vilas Upadhyay**

Corporate Trainer | NLP  
Practitioner | Life Coach

## Vilas Upadhyay

**Co-Founder & Chief Operating Officer, Manaswins** *Engineering operational excellence and scalable growth to turn potential into productivity.*

### About the Co-Founder

Vilas Upadhyay is the strategic and operational backbone of Manaswins. With an extensive background in industrial operations, corporate planning, and workflow architecture, he ensures our high-impact training programs seamlessly translate into measurable business productivity.

He specializes in **engineering corporate growth, optimizing digital infrastructure, and aligning technical curriculum with global industry** standards. By combining a deep understanding of corporate dynamics with data-driven leadership, Vilas empowers teams to streamline their operational ecosystems and scale with absolute confidence.

### The Operational Core

"True digital transformation requires an unshakeable operational foundation. We don't just train for today; we build the infrastructure for tomorrow's growth."

At **Manaswins**, Vilas ensures that our visionary training solutions are backed by robust, real-world execution bridging the gap between learning development and bottom-line corporate success.

# OUR STRATEGIC FOUNDATION

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## VISION

To build a world where technology empowers progress, and human connection fuels purpose—creating happier workplaces and stronger relationships.

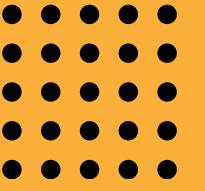


## MISSION

To deliver transformative learning that blends technical capability with emotional intelligence, helping partners move from conflict to deep connection.

# BEHAVIOUR & PERSONALITY

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- Behaviour & Personality Training
- Mind Power & Power of Visualisation
- Self Leadership & Inner Science
- Reframing: Changing the Way You Think
- Stress Management & Resilience
- Personality Development Mastery



# COMMUNICATION EXCELLENCE

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- English Communication Skills
- Effective Business Communication
- Presentation & Public Speaking
- The Art of Rapport Building
- Negotiation & Persuasion Skills
- Relationship Mastery & Connection

# DIGITAL TRANSFORMATION & AI

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We take the intimidation out of new tech. Our modules focus on making complex AI tools simple and productive for every employee.

- Generative AI & Agentic AI
- Microsoft 365 + Copilot Integration
- Google Workspace + Gemini
- Digital Marketing & AI Strategy



# SPECIALIZED SOFTWARE SKILLS

| ERP & Automation            | Engineering & Design     | Creative Suites           |
|-----------------------------|--------------------------|---------------------------|
| SAP (FICO / MM / PP)        | AutoCad / Revit          | CorelDraw / Photoshop     |
| Advance Excel / Tally Prime | Interior Designing CAD   | Illustrator / Graphic Art |
| MS Project / Data Science   | Textile & Fashion CAD    | Commercial & Textile Art  |
| Python Programming          | Cyber Security Awareness | Data Analysis Dashboards  |

# CORPORATE & INDIVIDUAL WELLNESS

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## INDIVIDUAL HEALTH

Functional Medicine,  
Detox Programs, and  
Metabolic Balance.



## CORPORATE AUDITS

Organisational Health  
Audits and Workplace  
Environment checks.



## EMOTIONAL EQ

Resilience, Stress  
Mastery, and Leadership  
Energy workshops.

# BESPOKE RETREATS

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## **Reconnect. Rebuild. Grow.**

Our retreats for couples and corporate leaders are designed to create deeper emotional bonding through structured rituals, silent reflection, and expert coaching. We help you move from distance to understanding, using tools like active listening and vision creation.



# OUR MILESTONES ....

In this digital age, where business expansion relies heavily on networking, we have strategically associated ourselves with various organizations.



# OUR MILESTONES ....



Many more....

# START YOUR JOURNEY

Elevating Professional and Personal Lives

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 [www.manaswins.com](http://www.manaswins.com)

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**THANK YOU**